e-Safety

Live Parent/Carer Session



# The internet – on the whole an inspiring and positive place

The internet is an amazing resource which enables children and young people to connect, communicate and be creative in a number of different ways, on a range of devices.

However, the internet is always changing, and being able to keep up to date with your children's use of technology can be a challenge.

You may sometimes feel that your children have better technical skills than you do, however children and young people still need advice and protection when it comes to managing their lives online.

Issues that your child may encounter on the internet will vary depending on their age and online activities.

## What is e-safety?

**e-Safety** at a simple level means being safe on the internet. Some people also include the safe use of technology in this as well. The pace at which technology is evolving can make it difficult to know what to include when talking about the safe use of the internet.

In schools, teachers will play an extremely important role in inspiring young people and shaping their futures, but they also have a responsibility to safeguard children's wellbeing, in both the classroom and online.

We deliver discrete e-safety lessons as part of the curriculum, as well as covering topics of safety online during PSHE lessons, computing lessons and any other lessons where children might be using a device.

#### What are the risks?



Conduct: children may be at risk because of their own behaviour, for example, by sharing too much information

Content: age-inappropriate or unreliable content can be available to children

Contact: children can be contacted by bullies or people who groom or seek to abuse them

Commercialism: young people can be unaware of hidden costs and advertising in apps, games and websites

### Online abuse

- Emotional Abuse
  - Bullying/cyberbullying
    - Grooming
      - Sexual Exploitation

## Things to look out for...









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## What you can do...

 Although it's not always possible, try to limit online activity to a shared space in your house. Your child is much less likely to intentionally access inappropriate content with family members around.

- Encourage children to screenshot any upsetting content, messages before they exit the group and not to respond.
- Use the CEOP button to report any incidents or inappropriate content

• Talk to your child about their online activity regularly - be vigilant to changes in mood

 Check security / privacy settings on your child's devices WITH your child, model how to keep themselves safe

• Register with a 'parental controls' service / app

## Parental Controls







## Thank you!

Any questions or comments?